



Maui Medical Weight Loss Clinics & Aesthetics

Holds your Fountain of Youth!!

Anti- Aging Non-Surgical, Lunch Time Face Lift!!

The Revolutionary New Absorbable PDO Thread Lifts is a Non-Surgical Face Lift, which tightens sagging skin, plumps, and smooths wrinkles.

Nova lyft



Nova mesh

PDO (Polydioxanone) thread is a synthetic absorbable monofilament thread with no cones, thus no damage to the tissue. The threads are implanted into the sub-dermal skin and stimulates fibroblasts to produce of collagen, elastin and fibrin which results in the skin becoming firmer, more elastic and moisturized. The thread dissolves itself in 4-8 months but the effect can last for 12-18 months. This is the same thread used in cardiac and other surgeries as sutures, and is FDA approved, hypoallergenic and is very safe. Men and women prefer less invasive and non-invasive procedures that involve minimal downtime.

The procedure is appropriate for most people from 20-60 years of age when the effects of ageing become apparent. Ageing causes the skin tissue to thin because the collagen and elastin fibers break down, which results in sagging skin, deep creases, folds and wrinkles. PDO thread reverses the effects of ageing. Some threads lift, some add volume and smooth and produces amazing rejuvenation results. The application of the thread is virtually non-invasive and almost painless, and may take up to 60 minutes, leaves no scarring or cuts.

Restoring the “V” shape Face

A young, beautiful and healthy face has a “V-shape”. With the aging of tissues and the action of gravity, this “V-shape” diminishes or inverts. The idea behind the PDO thread lift is to either to create a scaffolding in order to support the tissues and keep them in the “V-shape” or where necessary to delicately lift the tissues and reposition the skin to recreate the “V-shape” where it’s been lost. Most popular treatment areas are the nasal labial fold, marionette lines, cheeks, jowls and jawline, smoker’s lines and the upper neck.

While the sutures are underneath the skin, however, your skin gently reacts to the skin creating a “selective inflammatory response” to produce collagen, fibrin and elastin to create a longer-lasting result: Our skin is excellent at repairing itself, and by inserting the Nova threads underneath the skin to lift the loose skin, the skin will heal itself by creating new collagen, fibrin and elastin naturally!

Ideal candidates for thread lifts includes people with minimal to moderate signs of aging who need just a small lift. Good candidates are those patients who are starting to see some droopiness of the cheeks, jowls and/or neck and would like to see a lift effect, but do not want the risk surgery.

Your visit starts with a consultation, your medical history, physical and consents by the medical staff. All areas are cleaned and can be pretreated with a topical or local anesthetic. The area to be treated may be marked. The threads are then inserted under the skin in precise locations using a fine small needle with the thread attached. The needle is removed leaving the absorbable thread under the skin to lift and support droopy elements. Depending on which threads are used, they lift sagging skin and soft tissue to reposition the skin, add volume, or smooth the skin. It’s purely done by injections.

There are 3 different types of PDO threads and techniques

Barb Threads: These threads have tiny barbs on the entire length of the thread to gather tissue to lift the cheeks and sagging skin of where the threads are placed. This technique produces a more dramatic and immediate result. The skin will then build new collagen which will secure the lift and give the lift a longer lasting result.

Smooth Threads: These threads are placed under the skin vertically and horizontally to create a “mesh. This Mesh will serve as the foundation for new collagen production in the skin. The results appear naturally and gradually to improve fine lines and to firm the skin. They can also be placed to smooth crepey skin or fine lines.

Twists Threads: These threads add volume for lines in the face or to enhance the lips.

What are the results expected?

The result of the Thread Lift is immediate and even more noticeable after 2-3 weeks when all the swelling and potential bruising has resolved. The results will continue to enhance as your skin produces even more collagen over the next several months which will also make the results of the thread lift last longer than the life of the threads. More threads can always be inserted down the line to continue to improve the results and prolong the results even more. If you have any pain, it can be managed with acetaminophen (Tylenol) and/or ibuprofen (Advil), if you are not allergic to these medications. You may have mild swelling and bruising for few days. Icing the treated area as well as arnica cream is recommended for the first few days. Like any procedure using a needle, there is a chance of bruising, redness, and swelling. However, in most people, the bruising and swelling is minimal and resolve in a few days.

